**California Department of Education**

# Report to the Governor, Legislature, and the Legislative Analyst’s Office: Program Monitoring of Physical Education



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**California Department of Education**

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# Executive Summary

This report is required by California *Education Code* (*EC*) Section 33352(c), which summarizes the data collected through compliance of the monitoring of physical education (PE) as described in *EC* Section 33352(b). The report indicates the extent to which each school within the jurisdiction of a school district or County Office of Education aligns with the nine areas of compliance, as applicable, to the school.

For the 2021–22 school year, 23 local educational agencies (LEAs) received telemonitoring via Zoom. This monitoring resulted in 27 findings of noncompliance among the LEAs that were selected for review. Three LEAs remain in the process of demonstrating compliance.

The administration of the physical fitness test (PFT) and the required data collection done by the California Department of Education (CDE) resumed for the 2021–22 school year. The PFT had been suspended as a result of the COVID-19 pandemic and state and local guidelines. You will find more detailed information on the CDE PFT web page at <https://www.cde.ca.gov/ta/tg/pf/pft2023updateletter.asp>.

You can find this report on the CDE PE web page at <https://www.cde.ca.gov/ci/pl/physicaleducation.asp>.

If you need a copy of this report, please contact Linda Wilkinson, Education Programs Consultant, Educator Excellence and Equity Division, at 916-323-5847 or [plsmo@cde.ca.gov](mailto:plsmo@cde.ca.gov).

## Legislative Reporting Requirements

On October 14, 2007, Senate Bill 601 (Torlakson) was chaptered and placed in the California *Education Code* *(EC)*, requiring an annual report to the Governor and Legislature summarizing data collected through categorical program monitoring.

The annual report addresses compliance of the monitored schools in the following nine subsections for physical education (PE) per *EC* Section 33352(b):

1. Provides instruction in PE for a total period of time of not less than 200 minutes each 10 school days to pupils in grades one to six, inclusive.
2. Provides instruction in PE for a total period of time of not less than 400 minutes every 10 school days to pupils in grades seven to twelve, inclusive.
3. Provides instruction in PE for a total period of time of not less than 200 minutes every 10 school days to pupils in an elementary school maintaining grades one to eight, inclusive.
4. Conducts physical fitness testing of pupils as required.
5. Includes the results of physical fitness testing of pupils in the School Accountability Report Card (SARC).
6. Offers pupils exempted from required attendance in PE courses a variety of elective PE courses of not less than 400 minutes every 10 school days.
7. Provides a course of study in PE to pupils in any of grades nine to twelve, inclusive, that includes a developmentally appropriate sequence of instruction, including the effects of physical activity upon dynamic health, the mechanics of body movement, aquatics, gymnastics and tumbling, individual and dual sports, rhythms and dance, team sports, and combatives.
8. Provides instruction in PE to pupils that provides equal opportunities for participation regardless of gender.
9. Provides instruction in PE to pupils in grades one to twelve, inclusive, by PE teachers who hold appropriate teaching credentials issued by the Commission on Teacher Credentialing (CTC).

## Physical Education Monitoring Instrument

The 2021–22 instrument used for monitoring compliance with PE requirements consisted of the following nine items:

**Item 01.** Provides instruction to pupils in grades one to six, inclusive, in PE for a total period of time of not less than 200 minutes every 10 school days exclusive of recesses and the lunch period.

**Item 02**. Provides instruction in PE for a total period of time of not less than 400 minutes every 10 school days to pupils in grades seven to twelve, inclusive.

**Item 03.** Provides instruction in PE for a total period of time of not less than 200 minutes every 10 school days to pupils in an elementary school maintaining grades one to eight, inclusive.

**Item 04.** Each pupil participates in the California Physical Fitness Performance Testing Program by administering the California Physical Fitness Test (FITNESSGRAM) in grades five, seven, and nine during the months of February, March, April, or May of each school year.

**Item 05.** Local educational agencies (LEAs) are required to participate in the California Physical Fitness Performance Testing Program by administering and including the results of the FITNESSGRAM in the SARC.

**Item 06.** LEAs that maintain a high school and elect to exempt pupils from required attendance in PE have three distinct options: (1) Temporary Exemption, (2) Two-Year Exemption, or (3) Permanent Exemption. The Two-Year and Permanent Exemptions from PE require the LEA to offer a variety of elective PE courses of not less than 400 minutes every 10 school days taught by an appropriately credentialed teacher.

**Item 07.** LEAs that maintain a high school shall provide a course of study in PE to pupils in any of grades nine to twelve, inclusive, where instruction and evaluation of pupil progress is delivered in a developmentally appropriate sequence that includes the effects of physical activity upon dynamic health, the mechanics of body movement, aquatics, gymnastics and tumbling, individual and dual sports, rhythms and dance, team sports, and combatives.

**Item 08.** All PE classes shall be conducted in the coeducational, inclusive manner prescribed by law. LEAs must provide instruction in PE that provides equal access and equal opportunities for participation for all pupils in grades one to twelve, inclusive, regardless of gender or gender expression, sexual orientation, and mental or physical disability.

**Item 09.** LEAs must provide instruction in PE to pupils in grades one to twelve, inclusive, by PE teachers who hold appropriate teaching credentials issued by the CTC. Instructional aides, paraprofessionals, and volunteers may only assist the teacher.

## Comparison of Monitoring Items to Required Areas of Report

The following table identifies the PE monitoring item that addresses each of the nine areas required in statute.

### Table 1: Comparison of California *Education Code* Section 33352(b) to Physical Education Monitoring Items

| **Items Required by California *EC* Section33352(b)** | **PE Monitoring Instrument Items** |
| --- | --- |
| **Subsection (1)**  Provides instruction in PE for a total period of time of not less than 200 minutes every 10 school days to pupils in grades one to six, inclusive. | **Item 01**  Provides instruction to pupils in grades one to six, inclusive, in PE for a total period of time of not less than 200 minutes every 10 school days exclusive of recesses and the lunch period. |
| **Subsection (2)**  Provides instruction in PE for a total period of time of not less than 400 minutes every 10 school days to pupils in grades seven to twelve, inclusive. | **Item 02**  Provides instruction in PE for a total period of time of not less than 400 minutes every 10 school days to pupils in grades seven to twelve, inclusive. |
| **Subsection (3)**  Provides instruction in PE for a total period of time of not less than 200 minutes every 10 school days to pupils in an elementary school maintaining grades one to eight, inclusive. | **Item 03**  Provides instruction in PE for a total period of time of not less than 200 minutes every 10 school days to pupils in an elementary school maintaining grades one to eight, inclusive. |
| **Subsection (4)**  Conducts physical fitness testing of pupils as required. | **Item 04**  Each pupil participates in the California Physical Fitness Performance Testing Program by administering the FITNESSGRAM in grades five, seven, and nine during the months of February, March, April, or May of each school year. |
| **Subsection (5)**  Includes the results of physical fitness testing of pupils in the SARC. | **Item 05**  LEAs are required to participate in the California Physical Fitness Performance Testing Program by administering and including the results of the FITNESSGRAM in the SARC. |
| **Subsection (6)**  Offers pupils exempted from required attendance in PE courses a variety of elective PE courses of not less than 400 minutes every 10 school days. | **Item 06**  LEAs that maintain a high school and elect to exempt pupils from required attendance in PE have three distinct options: (1) Temporary Exemption, (2) Two-Year Exemption, or (3) Permanent Exemption. The Two-Year and Permanent Exemptions from PE require the LEA to offer a variety of elective PE courses of not less than 400 minutes every 10 school days taught by an appropriately credentialed teacher. |
| **Subsection (7)**  Provides a course of study in PE to pupils in any of grades nine to twelve, inclusive, that includes a developmentally appropriate sequence of instruction, including the effects of physical activity upon dynamic health, the mechanics of body movement, aquatics, gymnastics and tumbling, individual and dual sports, rhythms and dance, team sports, and combatives. | **Item 07**  LEAs that maintain a high school shall provide a course of study in PE to pupils in any of grades nine to twelve, inclusive, where instruction and evaluation of pupil progress is delivered in a developmentally appropriate sequence that includes the effects of physical activity upon dynamic health, the mechanics of body movement, aquatics, gymnastics and tumbling, individual and dual sports, rhythms and dance, team sports, and combatives. |
| **Subsection (8)**  Provides instruction in PE to pupils that provides equal opportunities for participation, regardless of gender. | **Item 08**  All PE classes shall be conducted in the coeducational, inclusive manner prescribed by law. LEAs must provide instruction in PE that provides equal access and equal opportunities for participation for all pupils in grades one to twelve, inclusive, regardless of gender or gender expression, sexual orientation, and mental or physical disability. |
| **Subsection (9)**  Provides instruction in PE to pupils in any of grades one to twelve, inclusive, by PE teachers who hold appropriate teaching credentials issued by the CTC. | **Item 09**  LEAs must provide instruction in PE to pupils in grades one to twelve, inclusive, by PE teachers who hold appropriate teaching credentials issued by the CTC. Instructional aides, paraprofessionals, and volunteers may only assist the teacher. |

### Table 2: Local Educational Agency Summary of Findings for Physical Education 2021–22 Program Instrument Item

The number of findings for each PE instrument item and each school district monitored are indicated below in the table. The abbreviation “NM” is used to indicate instrument items not monitored at a school district. “NMC” is used to indicate the instrument items that were not monitored due to the complications of COVID-19.

| **LEA** | **No. of Schools** | **PE Item 01** | **PE Item 02** | **PE Item 03** | **PE Item 04** | **PE Item 05** | **PE Item 06** | **PE Item 07** | **PE Item 08** | **PE Item 09** |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Clovis Unified  (10621170000000) | 3 | 0 | NM | 0 | NMC | NMC | NM | NM | 0 | 0 |
| Corning Union Elementary  (52714980000000) | 2 | 0 | NM | 0 | NMC | NMC | NM | NM | 0 | 0 |
| Glendale Unified  (19645680000000) | 3 | 0 | 0 | NM | NMC | NMC | 1 | 0 | 0 | 0 |
| Cajon Valley Union  (376799100000000) | 3 | 0 | 0 | NM | NMC | NMC | NM | NM | 0 | 0 |
| Marysville Joint Unified  (58727360000000) | 3 | 0 | 0 | NM | NMC | NMC | 1 | 0 | 0 | 0 |
| Escondido Union High  (37681060000000) | 2 | NM | 1 | NM | NMC | NMC | 0 | 0 | 0 | 0 |
| Cabrillo Unified  (41688900000000) | 2 | NM | 0 | NM | NMC | NMC | 1 | 1 | 0 | 0 |
| San Francisco Unified  (38684780000000) | 3 | NM | 0 | 0 | NMC | NMC | 1 | 1 | 0 | 0 |
| Anaheim Union High  (30664310000000c) | 2 | NM | 0 | NM | NMC | NMC | 0 | 1 | 0 | 0 |
| Willits Unified  (23656230000000) | 3 | 0 | 1 | NM | NMC | NMC | 0 | 1 | 1 | 1 |
| Compton Unified  (19734370000000) | 3 | NM | 1 | 0 | NMC | NMC | 0 | 1 | 0 | 1 |
| San Jose Unified  (43696660000000) | 3 | 0 | 0 | NM | NMC | NMC | 1 | 0 | 0 | 0 |
| Perris Union High  (33672070000000) | 1 | NM | 0 | NM | NMC | NMC | 0 | 1 | 0 | 0 |
| Soledad Unified  (27754400000000) | 2 | 0 | 0 | NM | NMC | NMC | NM | NM | 0 | 0 |
| Antioch Unified  (07616480000000) | 3 | 0 | 0 | NM | NMC | NMC | 0 | 1 | 0 | 0 |
| Bakersfield City  (15633210000000) | 2 | 0 | 0 | NM | NMC | NMC | NM | NM | 0 | 0 |
| Pittsburg Unified  (07617880000000) | 3 | 0 | 0 | NM | NMC | NMC | 1 | 0 | 0 | 0 |
| Paramount Unified  (19648730000000) | 2 | 0 | 0 | NM | NMC | NMC | NM | NM | 0 | 0 |
| Victor Valley Union High  (36679340000000) | 1 | NM | 0 | NM | NMC | NMC | 1 | 1 | 1 | 0 |
| Calexico Unified  (13630990000000) | 2 | 0 | 0 | NM | NMC | NMC | 1 | 0 | 0 | 0 |
| Burbank Unified  (19643370000000) | 2 | 0 | 0 | NM | NMC | NMC | NM | NM | 0 | 0 |
| Bishop Unified  (14766870000000) | 1 | NM | 1 | NM | NMC | NMC | NM | NM | NM | 1 |
| Washington Unified  (57726940000000) | 3 | NM | 1 | 0 | NMC | NMC | 1 | 0 | 0 | 0 |

## Monitoring During 2022–23

California Department of Education (CDE) staff assigned to 2022–23 PE compliance monitoring are scheduled to review 24 LEAs, including 15 elementary schools, 3 kindergarten (K) through grade eight schools, 1 pre-K through grade seven school, 1 grade five through eight school, 13 intermediate schools, 1 seven through twelve school, and 21 high schools—a total of 55 schools. At a minimum, one LEA per CDE compliance monitoring region has been selected through a combination of online, telemonitoring, and onsite PE compliance monitoring.

## Funding

The CDE does not receive designated state or federal funding to monitor or provide technical assistance for PE. While state and federal funding are not available to the CDE for providing PE support, LEAs may designate allocated funds toward PE resources that support the needs of students.

This report is available on the CDE PE web page at <https://www.cde.ca.gov/ci/pl/physicaleducation.asp>. If you need a copy of this report, please contact Linda Wilkinson, Education Programs Consultant, Educator Excellence and Equity Division, at 916-323-5847 or [plsmo@cde.ca.gov](mailto:PLSMO@cde.ca.gov).